

# 20 Ways to Use True Lemon<sup>®</sup>, True Lime<sup>™</sup> and True Orange<sup>™</sup>

Not only do True Citrus products make fresh-squeezed citrus taste easy and handy, they're good for you, super versatile, and a great value. Add some "True" to your life every day!

1. Carry them with you so you always have fresh citrus taste on hand.
2. Use in place of lemon, lime or orange juice in recipes. Just mix with water! (1 packet = 1 tablespoon of juice or, for a stronger taste, 2 packets = 1 tablespoon of juice)
3. Mix it up – combine True Lemon with True Lime, True Lemon and True Orange or all 3 if you're really in the citrus mood!
4. Make True Lime-ade and True Orange-ade by combining with your favorite sweetener in a glass or pitcher.
5. Make food pop! Use True Lemon or True Lime as a salt-substitute to add flavor to food without adding salt.
6. Add to iced or hot teas.
7. Add to sparkling water or your favorite seltzer or soda\* (10 to 20 ounces).
8. Replace fresh citrus in your favorite drink or cocktail.
9. Sprinkle True Lemon on broccoli, green beans, peas or other vegetables instead of salt.
10. Use as a rub or seasoning on seafood, meat or chicken.
11. Make lemon or lime butter by adding to butter or a butter substitute.
12. Sprinkle True Lime on popcorn or tortilla chips.
13. Add True Lemon to tuna fish.
14. Sprinkle True Lemon on fresh fruits – strawberries, watermelon, raspberries, etc.
15. Make flavored ice-cubes. Add True Lemon, True Lime or True Orange to water and then pour into ice cube trays for flavorful ice!
16. Straight Up! Pour a packet directly in your mouth for a citrus kick!
17. Add some extra packets of True Lemon to a pre-made lemon cake or lemon bar mix to give it an extra lemon punch!
18. Sprinkle True Lemon on apples, avocados or any fruit to stop browning.
19. Sprinkle True Lime on vanilla yogurt for instant key lime yogurt.
20. Sprinkle True Orange on vanilla ice cream or ice cream substitute for an easy orange-sicle.

\* To reduce fizzing and avoid overflow, pour carbonated beverages into a glass before adding True Citrus products.

Find True Lemon, True Lime, and True Orange for cooking, baking, and beverages in the baking aisle. For more uses, recipes, store locations, and additional info, visit [www.truelemon.com](http://www.truelemon.com)